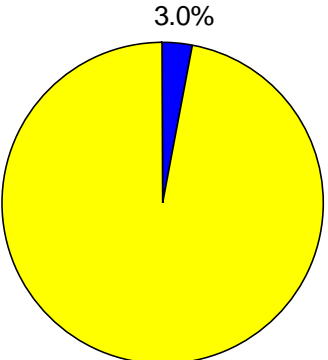


Fairfax-Falls Church Community Services Board

106-10-Alcohol and Drug Adult Outpatient Treatment Services

Fund/Agency: 106	Fairfax-Falls Church Community Services Board	
Personnel Services	\$2,520,212	<p style="text-align: center;">CAPS Percentage of Agency Total</p>  <p style="text-align: center;">3.0%</p> <p style="text-align: center;">97.0%</p> <div style="border: 1px solid black; padding: 5px; margin-top: 10px;"> ■ Alcohol and Drug Adult Outpatient Treatment Services ■ All Other Agency CAPS </div>
Operating Expenses	\$783,829	
Recovered Costs	(\$50,576)	
Capital Equipment	\$0	
Total CAPS Cost:	\$3,253,465	
Federal Revenue	\$440,766	
State Revenue	\$80,836	
User Fee Revenue	\$372,411	
Other Revenue	\$343,003	
Total Revenue:	\$1,237,016	
Net CAPS Cost:	\$2,016,449	
Positions/SYE involved in the delivery of this CAPS	47/45.62	

► CAPS Summary

Alcohol and Drug Adult Outpatient Services provides a range of treatment services for substance abusing and addicted adults and their families. The goal of the service is to provide a comprehensive continuum of outpatient treatment services, based on client level of need, to interrupt the cycle of abuse and addiction. Individuals accessing services are at high-risk of relapse and/or return to criminal behavior. Most of the individuals served in Adult Outpatient Services are court referred, in crisis, i.e., at risk to themselves, their family members, and/or the public.

Fairfax-Falls Church Community Services Board

Adult Outpatient Services program characteristics include:

- Adult Outpatient Services promote abstinence from drugs and alcohol through education, individual, group, and family counseling, and breath/urine screening. Programs are designed to achieve permanent changes in the related problem areas of work or school, family relations, domestic violence, child abuse and neglect, criminal behavior or activity, and other legal difficulties.
- Admission to Adult Outpatient Services is directly linked to the client's motivation and ability to maintain abstinence in the community. Outpatient Services provides substance abuse education and a varying intensity of treatment services matched to the clients' need for level of care. Clinical services include: treatment planning; case management; substance abuse education; individual, group, and family counseling; relapse prevention counseling; urine/breath monitoring; and discharge planning to other required support services. Clients are required to attend self-help support groups in the community to develop an abstinence-based lifestyle. Linkage to appropriate resources, adjunctive treatment, and case collaboration is also provided.
 - Clients attend Adult Outpatient programs for an average of 4 to 6 months.
 - Referring agencies require reporting on client progress monthly or as needed, based on client behavior.
- Adult Outpatient Services are also provided at the Day Reporting Center. These services are funded through a grant from the Department of Criminal Justice Services and target an offender population released into the community, whom the Department of Corrections considers as being at-risk for re-offense. Programming employs a graduated sanction model and clients must report daily to the Day Reporting Center. The goal of Outpatient Services is to avert clients from re-offending or re-entering the corrections system by providing "on demand" treatment and monitoring services. These clients require daily monitoring and treatment services to arrest a lifelong pattern of addiction and criminal behavior. Without treatment intervention, they are at high-risk for continued substance use and criminal activity. Probation sanctions are immediate for those clients that relapse.
 - A collaborative team approach is provided in conjunction with Department of Corrections, Opportunities, Alternatives, and Resources of Fairfax County, and Adult Education Services. Services include substance abuse screening, education, individual, group, family, and relapse prevention counseling. Individuals also receive case management services and immediate triage of crisis treatment needs and detoxification services.
 - Adult Outpatient Services provides specialized treatment and support services for individuals with HIV/AIDS. Services include education of risk reduction for the spread of the disease, substance abuse education, individual, group, and family counseling, and outreach services for those individuals that generally do not seek traditional treatment services. Programming is regional as required by the Northern Virginia Regional Commission and is funded through the Ryan White Title I grant.
 - Services are diversified and provided at four locations throughout the Fairfax County and the Cities of Fairfax and Falls Church. Services are provided in the different locations due to the size of the jurisdiction and population characteristics and demands. The four sites provide specialized services for Spanish-speaking clients.

Fairfax-Falls Church Community Services Board

Quality Assurance and Staff Development

For information on CSB's comprehensive Quality Improvement (QI) Plan, Risk Management Plan, and CSB-wide training and staff development initiatives, please refer to the Overview section.

Specific to this CAPS, CSB Alcohol and Drug Services (ADS) programs conduct client satisfaction surveys and collect measurements on face valid indicators supported by the Center for Substance Abuse Treatment and the Center for Substance Abuse Prevention. These face valid indicators include measures for improvements in reduced alcohol/drug use, reduced criminal/antisocial activity, and increased productivity in school or work.

Community Outreach

Outreach efforts are conducted based on the specific goals of each service area. Outreach is conducted through Prevention, Crisis Intervention and Assessment, and Youth, Adult and Residential Services to reach at-risk and high-risk individuals throughout the community. The populations who are at-risk and high-risk include, but are not limited to, the indigent, language minorities, immigrant refugees from war-torn nations, those with HIV/AIDS, pregnant women and women with dependent children under the age of 18 that are engaged in substance abuse/addiction. Outreach strategies tailored to a specific program's mission and target population are employed.

Annually, ADS participates in the production of Public Service Announcements (PSAs). The PSAs have focused on Prevention, Youth Services, specialized programming, information related to the Communities that Care Youth Survey, and general information related to access of services, including signs and symptoms of abuse and addiction.

In addition, staff are deployed to various community sites in outreach efforts, including the Health Department and community mental health centers, to facilitate client triage to treatment sites.

Accomplishments

In FY 2001, ADS Adult Outpatient Services served 2,149 individuals. Treatment services for Spanish-speaking persons has been expanded to all adult outpatient sites to match population demand. A relapse prevention track was added to the adult outpatient treatment continuum to help those requiring extended relapse prevention support. Outpatient sites have re-allocated staff in order to provide services to special needs populations: home-based services provided to home-bound clients unable to come to the sites; brain injured services are provided on an individual basis; and auxiliary community-based outreach services provided to Hispanic families.

Funding Sources

Funding sources include Fairfax County; the Cities of Fairfax and Falls Church; the Virginia Division of Community Corrections for day reporting center services; the Substance Abuse Prevention and Treatment (SAPT) Federal Block Grant; the Northern Virginia Regional Commission (NVRC) for Federal HIV services; the University of Maryland for Federal High Intensity Drug-Trafficking Area (HIDTA) services; and fees from clients and insurance companies.

Fairfax-Falls Church Community Services Board

► Trends/Issues

Services for Spanish-speaking persons are in high demand due to the diversification in the County's population. Many of these individuals do not have insurance benefits and are low income and cannot access services in the private sector. Spanish-speaking clients can wait up to two months for Outpatient services. To address demand, services have been reprogrammed to meet the language need, but reprogramming results in waiting lists for services for English-speaking clients. The people on the general outpatient wait list vary from 50 to 150 clients and the wait can range from 2 to 12 weeks, with an average wait of 2 to 3 weeks.

Participant Characteristics

Individuals are most often referred to services by the following agencies: Virginia Department of Probation and Parole, Circuit Court, General District Court, the Alcohol Safety Action Program, Juvenile and Domestic Relations Court, the Health Department, and the Department of Family Services (including Child Protective Services, Foster Care, and Adult Protective Services).

Individuals requiring services are often indigent or are of low-income status. These individuals have little to no ability to access private providers in the community because of a lack of insurance and health benefits. Current health insurance plans tend to have little coverage for substance abuse behavioral health care needs.

ADS Adult Outpatient Services provides treatment to the mandated priority populations determined DMHMRSAS. The priority population includes: individuals who are diagnosed with substance dependency; individuals who are diagnosed with substance abuse within a targeted population (women who are pregnant or who have custody of or live with dependent children under the age of 18, and individuals who fall within the adult mental health priority population who have severe diagnoses); and individuals who exhibit violent behavior related to substance abuse/addiction. Individuals accessing services are at high-risk of relapse, and/or return to incarceration. Most individuals are court referred, in crisis, i.e., a risk to themselves, their family members, and/or the public.

► Method of Service Provision

Adult Outpatient Services is directly operated.

Hours of Operation: Hours of operation for Adult Outpatient Services are Monday through Thursday from 8:00 a.m. to 9:30 p.m., and Friday from 8:00 a.m. to 5:30 p.m. Day Reporting Center hours are Monday through Friday from are: 8:30 a.m. to 5:00 p.m. on Monday, Wednesday and Friday and 8:30 a.m. to 7:00 p.m. on Tuesday and Thursday.

Fairfax-Falls Church Community Services Board

► Performance/Workload Related Data

Title	FY 1998 Actual	FY 1999 Actual	FY 2000 Actual	FY 2001 Actual	FY 2002 Estimate
Persons Served	1,869	1,876	1,879	2,149	2,149
Hours of Service	42,919	41,375	41,595	42,035	42,035

Satisfaction Results

- Of those served, 94 percent were satisfied with services;
- 86 percent were found to have reduced criminal justice involvement up to six months after discharge;
- 89 percent of clients had higher post-test scores in relapse prevention skills; and
- 86 percent reduced criminal justice involvement up to six months after discharge.

► Mandate Information

This CAPS is Federally or State mandated. The percentage of this CAPS' resources utilized to satisfy the mandate is 1 - 25%. The specific Federal or State code and a brief description of the code follows:

- Code of Virginia Section 37.1-194 mandates provision of case management services as a core service within the Community Services Board (CSB).

Fairfax-Falls Church Community Services Board

► User Fee Information

Subobject Code	Fee Title	FY 2002 ABP Fee Total
N/A	FY 2002 CSB Schedule of Fees. The current fee schedule is available in the Agency Overview.	\$372,411
Current Fee		Maximum Allowable Fee Amount
Once the treatment plan is determined, the fees for services will be set according to the FY 2002 CSB Fee Schedule.		N/A
Purpose of Fee: Fees are charged to offset the cost of providing treatment services.		
Levy Authority	Requirements to Change the Fee	Year Fee Was Last Adjusted
CSB Policy on Reimbursement <u>Code of Virginia</u> Chapter 10, 37.1-197(7)	The CSB Schedule of Fees is reviewed and established annually by the CSB Board and submitted to the Board of Supervisors. The client or other legally responsible party is responsible for paying the full fee for services. A client or other legally responsible party who is unable to pay the full fee may request a subsidy, supplemental subsidy and an extended payment plan.	2001
Other Remarks:		